



# Empowering youth to be the change agents of their generation.

## Introduction to Youth Leadership Course

Virtual Course: To preview content, please visit our demo site at:

<https://leadersprep.org/courses/intro-youth-leadership/>

## Introduction to Youth Leadership

Smart solutions for a sustainable future

The Course is designed to equip young women with the tools they need to become strong leaders in their communities and develop the confidence to advocate for issues important to them.



### Multimedia Approach

The multiple-lesson course engages students using a multimedia approach paired with student interaction and gamification to measure student progress throughout their learning journey.

- ✓ Measurable engagement
- ✓ Built to support all learners
- ✓ Curated with intention



### Inspire to Action

The Introduction to Youth Leadership Course is designed to inspire young girls to make positive changes in themselves and in the world. A catalyst for students to dissect issues and current events.

- ✓ Modeled Leadership
- ✓ Community strategies
- ✓ Non-violent communication



### Critical Thinking

Participants in the course will explore the legacies of historical female leaders and learn about contemporary young women who are making a difference today. Important and current community issues are examined.

- ✓ Intro. to Mental health
- ✓ Climate change examined
- ✓ Sisterhood explored

Course content can be quickly altered to meet the requirements of current events, and new lessons (modules) can be created if there is a growing need to address new topics.



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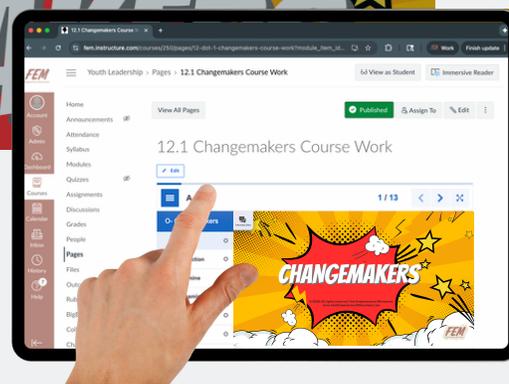
Please contact us for a demo of the course curricula.



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# Introduction to Youth Leadership

## Each Module is Curated with Intention



The course content has the capability to adapt to the changing priorities of the community being served.

Participants in the course will explore the legacies of historical female leaders and learn about contemporary young women who are making a difference today. We also delve into important and current community issues, including self-esteem, mental health, healthy relationships, body image, climate change, and human trafficking, emphasizing the importance of Sisterhood.

Course content can be quickly modified to meet the requirements of current events, and new lessons (modules) can be created if there is a growing need to address new topics.

Each module is curated with Intention. Completion time does not include completion of assignments, homework, or extra credit.

\*Assignments, homework, and extra credit are only a requirement for students applying for the FEM scholarship for higher education.

- 1) **Getting Started** – 10 minutes
- 2) **Historical Perspective** – 30 minutes
- 3) **Identity** – 30 minutes
- 4) **Sisterhood** – 60 minutes
- 5) **Girls in the Media** – 50 minutes
- 6) **Leadership** – 30 minutes
- 7) **Body Image** – 30 minutes
- 8) **Climate Change** – 30 minutes
- 9) **Songs in the Media** – 30 minutes
- 10) **Financial Literacy** – 50 minutes
- 11) **Human Trafficking** – 30 minutes
- 12) **Change Makers** – 20 minutes

## Introduction to Youth Leadership is built to scale with your students.

- The modules are built independently of one another so that they may be reordered in any sequence.
- Not all modules are required. Modules can be purchased as a course from **6 modules**, ranging up to all **12 modules**.
- At the completion of the course, each student will receive an **online certificate of completion** that has been highly regarded by students accepted at top universities.
- There are a number of platforms that the modules have the capability of being hosted on to tailor the online learning experience that is best for the community of students.
  - **Canvas by Instructure:** Primarily used by higher education institutions.
  - **Google Classroom:** Widely used in Primary School and High School.
  - **Tutor LMS Pro:** A platform that is preferred for independent online learning.
- **FEM Scholarship opportunities** are available to students who enroll and complete the Introduction to Youth Leadership course.
  - FEM provides **1 scholarship of \$1500** to a course that is a minimum of 6 modules and **2 scholarships of \$1500** each to a course that is a minimum of 12 modules.
- The course content can be altered to **meet funding requirements**.
- The course is currently demonstrated as a semester format, which can also be modified.



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